



# National Nutrient Database for Standard Reference

## Release 28 slightly revised May, 2016

### Statistics Report 09426, Candied fruit

Report Date: June 29, 2017 23:31 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
<strong>Proximates</strong>													
Water	g	16.70	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2005
Energy	kcal	322	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Energy	kJ	1345	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Protein	g	0.34	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Total lipid (fat)	g	0.07	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Ash	g	0.14	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Carbohydrate, by difference	g	82.74	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Fiber, total dietary	g	1.6	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Sugars, total	g	80.68	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
<strong>Minerals</strong>													
Calcium, Ca	mg	18	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Iron, Fe	mg	0.17	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Magnesium, Mg	mg	4	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Phosphorus, P	mg	5	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Potassium, K	mg	56	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Sodium, Na	mg	98	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Zinc, Zn	mg	0.05	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Copper, Cu	mg	0.029	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Manganese, Mn	mg	0.111	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Selenium, Se	µg	0.6	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
<b>Vitamins</b>													
Vitamin C, total ascorbic acid	mg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003
Thiamin	mg	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003
Riboflavin	mg	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003
Niacin	mg	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003
Vitamin B-6	mg	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003
Folate, total	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003
Folate, food	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003
Folate, DFE	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Choline, total	mg	2.2	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Vitamin B-12	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin A, RAE	µg	1	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Retinol	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Carotene, beta	µg	9	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Cryptoxanthin, beta	µg	5	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Vitamin A, IU	IU	19	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Lutein + zeaxanthin	µg	11	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
Vitamin E (alpha-tocopherol)	mg	0.04	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2008
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin K (phylloquinone)	µg	0.3	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
<b>Lipids</b>													
Fatty acids, total saturated	g	0.010	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
6:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
8:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
10:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
12:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
14:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
16:0	g	0.008	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
18:0	g	0.002	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Fatty acids, total monounsaturated	g	0.008	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
16:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
18:1 undifferentiated	g	0.008	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
20:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Fatty acids, total polyunsaturated	g	0.020	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
18:2 undifferentiated	g	0.013	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
18:3 undifferentiated	g	0.008	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2007
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	06/2015
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	01/2005
<b>Other</b>													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003